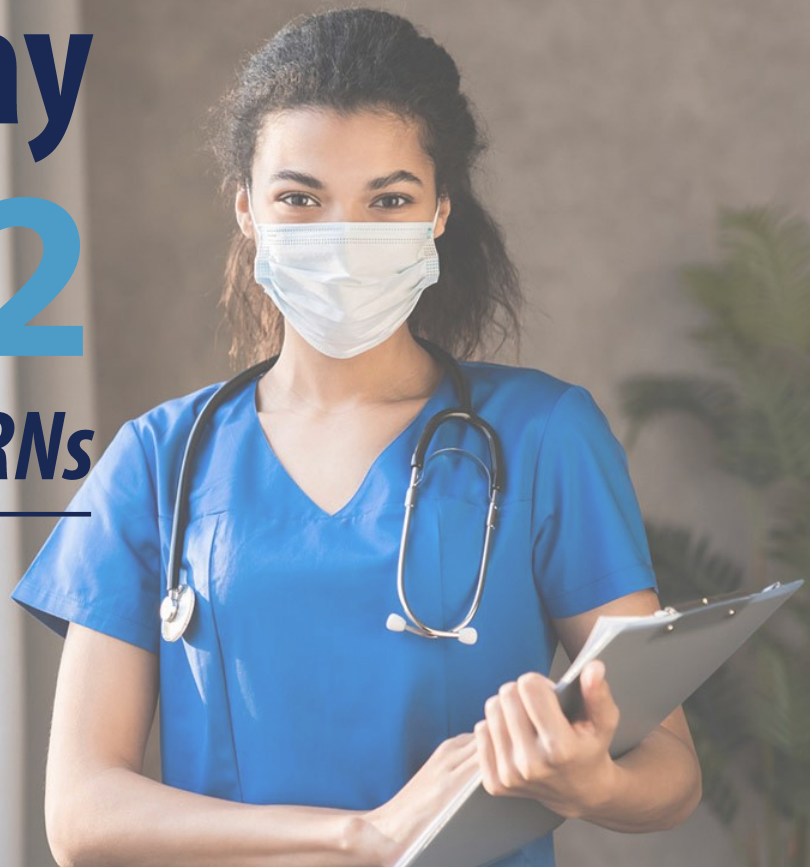


# Skills Day 2022

## *for Acute Care RNs*



HEART OF THE ROCKIES  
REGIONAL MEDICAL CENTER



*Classes begin in March! See Relias for full schedule.*

Skill Day classes will be held  
**8:30 a.m.-2:30 p.m.** at the  
Highway 50 Learning Center.

All competencies covered have a  
due date of Oct. 31.

**Don't wait to register...  
sign up in Relias NOW!**

*Max. 12 participants per class. Staff will need to  
bring their own lunch/snacks.*

### Topics to be covered:

#### *Reviews*

- RSI Calculator
- Extravasation

#### *Competencies*

- Safe patient handling/proper body mechanics
- Critical adult skills
- Critical pediatric skills
- Cricothyrotomy assist
- Hands-on Atrium Oasis chest tube

Questions? Contact Education Manager Amber Linza at x2048 or [amber.linza@hrrmc.net](mailto:amber.linza@hrrmc.net).